



PE & Sport Advice Guides

Part 2 - Best practice case studies



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Need some inspiration?

Playforce has worked with many schools over the last 20 years, who have been keen to develop the active elements within their play areas, take a look at some of our case studies below.

Millfield Primary School, Cambridgeshire

Millfield Primary School wanted to develop their playground to fit with their focus on active, healthy children. They wanted to extend the play area so that they were able to deliver a greater variety of activity for a wider range of children. They designed a space that would challenge their children and make getting active more fun.

They said.. “The biggest benefit for us is that the children are getting involved in meaningful outside play, using the equipment to challenge themselves. This contributes to them leading a healthy, active life.”

[Read more about Millfield Primary School.](#)

Churchfields VC Primary School, Somerset

Inspired by the 2012 Olympics, Churchfields VC Primary School wanted to develop a playground that would encourage their pupils to get outside and active.

They said... “Having the opportunity to spend more time outdoors has boosted the children’s enthusiasm for exercise. They love the challenge of testing themselves and by providing them with a range of activities, they have been able to develop a range of physical skills at their own pace.”

[Read more about Churchfields VC Primary School.](#)

Arbour Vale Specialist School Sports College

As a school sports college, they’re always looking for new ways to encourage our pupils to take part in active and creative play, eventually leading into sports. They wanted to develop their playground so that it would have an area dedicated to combining play and sports as well as musical, creative and discovery ideas. The new space would allow them to incorporate play into all areas of the curriculum and spend more quality time outdoors.

They said... “The equipment has challenged them to approach new activities in a creative and imaginative way. The flexibility to move outdoors during class has boosted their productivity and attention spans. It’s fantastic to see play and sports coming together in an innovative and unique outdoor space.”

[Read more about Arbour Vale Specialist School Sports College.](#)



Angel Road Junior School, Norwich

Developing the playground at Angel Road Junior School has created a new space where children can be active in both lessons and play time. Introducing physically challenging equipment to the pupils has given their break times a whole new purpose.

They said... “The children all now, naturally, engage with the equipment – even those that don’t often choose to extend themselves in subjects such as games or PE – and the Football Goal Ends have created a football pitch which no longer relies on strategically placed sweatshirts!”

[Read more about Angel Road Junior School.](#)



Aloeric Primary School, Wiltshire

For Aloeric Primary School, their natural surroundings were the inspiration for their new playground. They wanted their outdoor environment to inspire the children’s motivation to get outside and actively involved in more sport. By installing a range of flexible equipment, they gave their children a wealth of opportunities to enjoy more physical activity.

They said... “The physical benefits for the children will improve their health in the long term and their behaviour has also seen a positive change.”

[Read more about Aloeric Primary School.](#)





George Spicer Primary School, Middlesex

We don't like to show off but when you get a review like the one we got from George Spicer Primary, it's hard not to. Described as "better than Disneyland", their new playground now offers children an opportunity to challenge themselves physically. The children have learnt how to use all of the space available so that they can be more active in any situation.

They said... "The children love the opportunities they have for using the frames, both during the day and at After School clubs. One of our students even said; 'This is better than Disneyland!' We couldn't ask for a better result!"

[Read more about George Spicer Primary School.](#)





The Youth Sport Trust has produced a helpful guide to demonstrate the [Impact of the Primary PE and Sport Premium](#). This includes examples, setting out what they did, how they measured it and the outcomes, including:

- Coaching Case Study – Ardleigh St Mary's C of E Primary School, Essex 'Off the Wall' – including parents and clubs
- Competition Case Study – Birchwood Primary School, Suffolk Opportunities for gifted and talented young people
- Health/Physical Activity Case Study – George Street Primary School, Hertfordshire Targeting all pupils to be more active and healthy
- Shared or Single School PE Specialist Teachers Case Study – Morpeth and Ponteland School Sport Programme, Northumberland To improve the quality of PE within the curriculum through improved teaching and learning
- Professional Learning Case Study – Primary PE Mentors, Oxfordshire Primary PE mentors employed to improve the quality of PE for all children Extracurricular Activities
- Townlands C of E Academy, Leicestershire – from one PE lesson a week to a comprehensive programme of opportunities
- Elmlea Junior School, West of England – providing every child with a variety of sporting opportunities

